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Organic Fun Foods For Kids & Grownups: Adventure Food Recipes To Make Every Day A Celebration



Synopsis

Organic Fun Foods for Kids & Grownups: Adventure Food Recipes to Make Every Day a Celebration colorfully illustrates fun foods for bright beginnings for toddlers, food puzzles for preschoolers, and recipe reading practice for young readers, offers reminders to make your kitchen a safe haven, and provides useful tips to prevent choking. The recipes urge parents to engage youngsters in helping choose and prepare Mother Nature's finest organic foods to instill healthy eating habits early. It gives commonsense ideas to keep children healthy and trim. Davis-Kyle enumerates movies focused on organic foods and celebrates more than 100 websites of organic farmers and others dedicated to bringing wholesome organic foods to you. It helps with nourishing youngsters, and it makes nurturing the love for learning easy with Fun Activities after each recipe. It encourages family reading time, traveling together, building strong bonds of friendship, and making happy memories to last a lifetime. Helps to make your kitchen a happy haven Presents more than 40 organic fun food highlights Supplies more than 100 resources on organic foods Reminds us that strong teeth help digestion Offers safety reminders to prevent choking Notes gentle sun is vital for good health Honors our honeybees Helps families bond Abbreviated Editorial Reviews

Organic Fun Foods for Kids & Grownups reconnects us to the transformational power of food and the meals we create. Truly empowering information, I highly recommend this book for every parent and healthcare provider concerned about health.

• Jonathan Landsman, NaturalHealth365.com

We are indeed what we eat. Now is the time to read and heed the great advice in this essential book

Organic Fun Foods

• C. Norman Shealy, MD, PhD, Founder and CEO, International Institute of Holistic Medicine

Organic Fun Foods for Kids & Grownups is filled with wonderful kitchen safety tips and amazing organic food recipes that are delicious, nutritious, and fun to prepare. This book should spark conversations about farming, gardening, and even the exchanging of organic seeds and recipes.

• Rachel Parent, Kids Right To Know Founder, Environmental Safe Food Youth Activist, and Speaker

Organic Fun Foods for Kids & Grownups is informative and beneficial for people of all walks of life | I highly recommend this book.

• Brian Seraiah Wood (NSCA-CSCS & CPT) "Joy is a key life-enhancing aspect of eating that resonates throughout Organic Fun Foods by Davis-Kyle.

• Jacob Teitelbaum, MD, Author of the popular free phone app Cures A-Z

• This joyful book provides inspiration for kids, parents, and grandparents to have fun, learn, and participate as a team in the wonderful world of organic healthy food."

Shirley Lipschutz, Shirley's Wellness Caf

© "This Organic Fun Foods Kindle book | brings awareness to selecting, preparing, and consuming foods that is both educational and fun. There is no better way to build strong family ties than preparing and sharing meals together.

• Mindy Reed, MLIS, The

Authorsâ™ Assistant "We commend Lindaâ™s excellent book Organic Fun Foods for Kids & Grownups and the help it provides our culture in healing and reconnecting with what actually nurtures us.â•â" Will and Susan Revak, Founders of OraWellness.com "There is a plethora of books on organic food and food preparations, but none incorporate the joys of healthy eating as beautifully as this one.â•â" From the Foreword, Griffin Cole, DDS, NMD "Organic Fun Foods for Kids & Grownups encourages good nutrition at home with wholesome menu highlights. The section on âœImproving School Lunchesâ• [also] will be helpful for loving parentsâ|.â•â" Marina Ustinova, MD, Kundalini Yoga Teacher

Book Information

File Size: 5025 KB

Print Length: 291 pages

Publication Date: August 22, 2017

Sold by:Â Digital Services LLC

Language: English

ASIN: B0752C1D3B

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #475,368 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #57

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